

## Upward Bound Gymnastics

### Girls

#### first grade-8 years

<b>Young Girls lvl 1</b> (55 Min.)	Mon.	3:30,	4:30,	5:00,	5:30
	Tues.	4:30,	5:30		
	Wed.	3:30,	4:30		
	Thurs.	3:30,	4:30,	6:30	
	Sat.	9:00,	9:30,	10:00,	11:00
<b>Young Girls lvl 2</b> (85 Min.)	Mon.	3:30			
	Thurs.	5:30			

#### first grade - 18 years

<b>Girls level 1</b> (55 Min.)	Mon.	3:30,	4:30,	5:30	
	Tues.	3:30,	4:30,	5:30,	6:30
	Wed.	3:30,	5:30,	6:30	
	Thurs.	3:30,	5:30,	6:30	
	Fri.	3:30,	4:30		
	Sat.	9:00			
<b>Girls level 2</b> (85 Min.)	Mon.	5:30,	6:00		
	Tues.	4:00,	4:30	5:00	
	Wed.	4:30,	6:30		
	Thurs.	4:30			
	Fri.	3:30			
	Sat.	10:30			
<b>Girls level 3</b> (115 Min.)	Mon.	4:30			
	Wed.	4:30			
	Thurs.	4:30,	6:00		
	Sat.	10:00			

### Boys

#### first grade - 18 years

<b>Boys level 1</b> (55 Min.)	Mon.	4:30,	5:30
	Tues.	5:30,	6:30
	Wed.	4:30	
	Thurs.	3:30,	3:30 * (1st grd - 8yrs),
	Fri.	3:30	
<b>Boys level 2</b> (85 Min.)	Mon.	4:30	
	Thurs.	5:30	
<b>Boys level 3</b> (115 Min.)	Mon.	6:30	
	Wed.	6:00	

## Adult Fitness and Swim

Swim Sat. 8:30am (30 min)

### Fitness

<b>Hip Hop</b>	Thurs.	5:30pm (55 min)
<b>FitPro Boot Camp</b>	M,T,Th,F	5:30am (60 min)

## Trampoline & Tumbling

### Tumbling (55 min)

<b>Beginning</b>	Mon.	4:30 (10 - 18 years)
	Mon.	6:30 (6 - 18 years)
	Tues.	5:30 (6 - 12 years)
<b>Intermediate</b>	Mon.	7:30 (6 - 18 years)
	Tues.	5:30 (6 - 18 years)
	Wed.	4:30 (6 - 18 years)
<b>Advanced</b>	Mon.	5:30 (6 - 18 years)
	Thurs.	7:30 (6 - 18 years)

### Cheer Tumbling (11 - 18 years) (55 min)

<b>Beginning</b>	Thurs.	4:00
<b>Intermediate</b>	Mon.	4:00
<b>Beg, Int, and Adv</b>	Sat.	10:00

### Trampoline (6 - 18 years) (55 min)

<b>Beginning</b>	Mon.	3:30
	Wed.	5:30
	Thurs.	4:30
	Mon.	5:30
	Wed.	6:30
<b>Intermediate</b>	Thurs.	4:30

### Tramp & Tumbling (6 - 18 years)

<b>Beginning (55 min)</b>	Mon.	3:30, *4:30-Boys Only
	Tues.	4:30, 6:30
	Wed.	3:30, 4:30
	Thurs.	5:30, *6:30-Girls Only
	Sat.	11:00
<b>Intermediate (85 min)</b>	Mon.	4:30
	Tues.	6:30
	Thurs.	5:30
<b>Advanced (85 min)</b>	Wed.	5:00

## Fitness For Kids

8 - 18 years Meet twice a week for 55 min each day

Fitness For Kids Tues. 5:30 AND Thurs. 4:30

## Martial Arts Program

(6 - 18 years - classes 55 min)

<b>Beginning</b>	Tues.	4:30
	Thurs.	5:30
<b>Intermediate</b>	Tues.	5:30
	Thurs.	4:30

## Tumble Bugs Gymnastics

(walking - kindergarden)

### Mini Bee's (walking - 24 months)

<b>Parent &amp; Tot</b> (45 Min.)	Mon.	9:10
	Tues.	9:10
	Thurs.	9:10
	Fri.	10:00, 4:30

### Busy Bee's (2 years)

<b>(55 Min.)</b>	Tues.	9:00, 10:00
	Wed.	5:30
	Thurs.	9:00, 10:00
	Fri.	9:00

### Superbeetles (3 - 4 years)

<b>(55 Min.)</b>	Mon.	9:00, 10:00, 1:00, 4:30, 5:30
	Tues.	10:00, 3:30, 5:30, 6:30
	Wed.	11-Boys Only 3:30, 4:30, 5:30,
	Thurs.	10:00, 11:00, 3:30, 4:30, 5:30
	Fri.	10:00,
	Sat.	9:00, 10:00, 11:00

### Grasshoppers (5 - kindergarden)

<b>(55 Min.)</b>	Mon.	4:30, 5:30
	Tues.	10:00, 3:30, 4:30, 6:30
	Wed.	3:30, 4:30, 5:30-Boys Only
	Thurs.	10:00, 4:30, 5:30
	Fri.	10:00, 4:30
Sat.	9:00, 10:00, 11:00	

### Cheer Bugs (3 - kindergarden)

<b>(55 Min.)</b>	Mon.	3:30
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### Tramp & Tumbling (3 - 5)

<b>(55 Min.)</b>	Mon.	3:30
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## Dance Program

(3 - 18 years Classes are 55 Min)

### Dance Bugs (3-6 years)

Ballet	Mon.	3:30
Ballet/Tap	Thurs.	10:30
Ballet/Jazz	Sat.	9:00

### Hip Hop (6 - 16 years)

Beg.	Tues.	4:30
Inter.	Thurs.	4:30

### Breakdance (8 - 18 years)

Beg	Thurs.	6:30
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### Dance (7 - 15 years)

Dance Sampler	Wed.	3:30
Performance	Wed.	4:30

## Swim Program

### Parent/Child Swim Classes

<b>Infant</b> (30 Min.)	(6 - 18 Months) Mon. 9:30
<b>Parent/Child Swim</b> (30 Min.)	(18 Months +) Mon. 10:00 5:45 Tues. 4:45 Wed. 5:45 Fri. 10:00 Sat. 11:00
<b>Beg Adult Swim</b> (30 Min.)	(19 yrs +) Sat. 8:30am

### Independent Swim Classes

<b>Beginning</b> (30 Min.)	(2 years +)	Mon. 9:00 10:00 10:30 11:00 3:45 4:15 4:45 5:15 5:45 6:15 6:45	Tues. 9:00 9:30 10:00 10:30 11:00 11:30 3:45 4:15 4:45 5:15 5:45 6:15	Wed. 9:00 9:30 10:00 10:30 3:45 4:15 4:45 5:15 5:45 6:15 6:45	Thurs. 9:00 9:30 10:00 10:30 11:00 11:30 2:15 2:45 3:15 3:45 4:15 4:45 5:15 5:45	Fri. 9:00 9:30 10:00 10:30 11:00 11:30 2:45 3:15 3:45 4:45 5:15	Sat. 9:00 9:30 10:00 10:30 11:00 11:30
<b>Intermediate Low</b> (30 Min.)	(3 years +)	Mon. 4:15 5:15 5:45 6:15	Tues. 10:30 3:15 3:45 4:15 4:45 5:45 6:15	Wed. 9:30 3:45 5:15 6:15 6:45	Thurs. 9:00 10:00 3:45 4:45 5:15 5:45	Fri. 9:30 10:30 4:15 5:15	Sat. 9:00 10:30 11:30
<b>Intermediate High</b> (30 Min.)	(4 years +)	Mon. 4:45 5:15 6:45	Wed. 4:15 4:45	Thurs. 3:45	Fri. 4:15 4:45	Sat. 9:30	
<b>Advanced</b> (30 Min.)	(5 years +)	Fri. 3:45 5:45	Sat. 10:00				

**Swim Team** Wed 7:15 & Sat 12:00  
(ages 5 - 18)

## Aspire Programs

The Aspire Gymnastics & Swim programs are sound progressive developmental programs designed for your child's age and ability level. Our basic program is a year-round program is designed with six convenient pay periods per year.

Tuition is due by the Final Due Date (FDD) of each pay period (Monday of week 7 of the session), which secures your child's spot in class for the following session. Aspire will be closed in observance of the following holidays:

\*Good Friday            \*Labor Day  
\*Memorial Day        \*Thanksgiving Weekend 4-Days  
\*July 4th Holiday      \*2 weeks for Christmas

**Tuition: Most classes are based on a 8 week billing period and meet 1 time per week.**

Swim	\$131	(30 Min.)
Swim Team	\$160	(2 x 60 Min.)
Parent & Tot Gym (Mini Bees)	\$112	(45 Min)
Tot Gym (Busy Bees 2yr)	\$125	(55 Min.)
Gymnastics	\$141	(55 Min.)
	\$191	(85 Min)
	\$225	(115 Min)
Martial Arts/Cheer	\$141	(55 Min)
Dance- all classes	\$118	(55 Min)
Adult Swim	\$141	(55 Min)
Adult Boot Camp	\$99/Month	(4 x 55 Min)

### **Membership Fee:**

A \$25 Annual Membership Fee per immediate family is required and is non-refundable after the first class. This fee is due each year on your anniversary date.

### **Special Discounts:**

Please ask about our sibling and multiple class discounts.



**"Building Happy Healthy Kids"**

**for Boys & Girls**



## Class Schedule

\*\*Class times are subject to change based upon enrollment\*\*

50 S. Hearthstone Way  
Chandler, AZ 85226

**(480) 820-3774**

**www.aspirekidsports.com**

**Aspire Kids Sports Center, Inc.**